



## Exam Self-Reflection

### Class Preparation

- Do you read the textbook before going to class and attempting assignments?  Yes  No  Sometimes
- How much time do you estimate you spend reading and completing assignments?
- Overall, do you think you are preparing well for class? Click or tap here to enter text.

### During Class

- Where do you sit in class, and do you think where you sit impacts your attention/performance?
  - **Distance-learning alternative:** Where do you set up to attend class, and do you think this impacts your attention/performance?  
Click or tap here to enter text.
- Do you attempt all activities in class even if you are unsure?  Yes  No  Sometimes
- Do you leave class with questions that you write down for yourself?  Yes  No  Sometimes
- Are you taking the most complete and effective notes you can be?  Yes  No  Sometimes

### Post Class

- Are you asking yourself “why” to the “what” you are doing?  
 Yes  No  Sometimes
- Do you review the PowerPoints and class notes routinely for a short time after each class?  
 Yes  No  Sometimes
- Do you revisit or reread challenging material to answer the questions you have from class?  
 Yes  No  Sometimes
- Are you completing assignments as effective practice or simply completing them for the score?  
 Practice  Scoring
- Are you taking advantage of all the help and resources offered to you?  
 Yes  No
- Do you have study partners that you review class notes with? Are these study sessions active and effective? Click or tap here to enter text.

### Exam

- When did you start studying for the exam? (Hint: Two days before the exam is not enough time)  
Click or tap here to enter text.
- Did you finish with time to check over questions?  Yes  No

- Could you teach someone else how to approach and answer each question?  Yes  No
- Did you practice answering all questions again from PowerPoints and on-line homework assignments without any help or notes?  Yes  No
- Explain what your studying “looks like” if I could watch a video of you doing this.  
Click or tap here to enter text.
- Are your study habits active and engaging or passive and automated?  
Click or tap here to enter text.
- Have you reviewed each question of the exam to see why you got each one right or wrong?  
 Yes  No

### **Moving Forward**

- What do you think you could do to improve your success in this course?  
Click or tap here to enter text.
- How can you learn from this exam?  
Click or tap here to enter text.
- What active study strategies do you want to start incorporating?  
Click or tap here to enter text.
- How do you learn best? What study methods are actually working for you?  
Click or tap here to enter text.
- Are you using all your resources?  
Click or tap here to enter text.
- Are you really learning the material or just studying?  
Click or tap here to enter text.
- How will you know when you’ve mastered the information?  
Click or tap here to enter text.

### **Exam Item Analysis**

Why did you get each question wrong? For each question, explain why you think you got it wrong. Use the choices below.

1. I didn’t understand what the question was asking
2. Understood what the question was asking but wasn’t sure about the content
3. Careless mistake
4. I didn’t know the material because I didn’t study this or I’m not sure we ever talked about this
5. Other, maybe there is another reason you can think of

<b>Questions I got wrong</b>	<b>Question Type (Recall, Application, Significance, Relationship, Other)</b>	<b>Reason I got it wrong (use choices above and elaborate)</b>	<b>Where the material can be found (readings, PowerPoints, notes, etc)</b>
Question I got wrong	Question type	1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> Reason I got it wrong	Where material can be found
Question I got wrong	Question type	1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> Reason I got it wrong	Where material can be found
Question I got wrong	Question type	1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> Reason I got it wrong	Where material can be found
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Question I got wrong	Question type	1 <input type="checkbox"/> 2 <input type="checkbox"/> 3 <input type="checkbox"/> 4 <input type="checkbox"/> 5 <input type="checkbox"/> Reason I got it wrong	Where material can be found
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